Carer Support Newsletter

Issue 53: November 2026

Greetings from the Carer Support Team at OPAL. We organise regular outings to offer a break for you as a carer and the opportunity to meet other carers. Those you care for are also welcome to attend with you if the outing is appropriate and safe for them. This month we are particularly looking forward to the wonderful OPAL Christmas Fair on 27th November with an afternoon tea exclusively for our OPAL Carers Support group before the Fair opens. Please take note overleaf of those outings you need to book for and let Debbie know by phone or email. Please contact Karen for more information about Carer Support at Home. We hope to see you at an outing soon!



Debbie & Karen



DATES FOR YOUR DIARY

CHRISTMAS FAIR & AFTERNOON TEA

27th November, 2-3pm
Afternoon Tea (Fair until 5.30pm)
Tarvin Community Centre

CHRISTMAS PARTY

10th December,1.30-3.30pm
Cuddington Village Hall

RAPUZEL PANTOMIME

22nd December,12-2.30pm

Carer Support

Unpaid Carers over 60 or those caring for someone over 60 in rural West Cheshire are welcome

Contact
Debbie de Kock
debbie.dekock@opalservices.org.uk
07547 508280
Karen Sharpe
Karen.sharpe@opalservices.org.uk
07483 316158

OPAL Carer Support Activities November 2026

Tuesday 3rd November	Kelsall Methodist Church, Chapel Bank, Kelsall, CW6 0QS (Car park behind)	12-2	Baked potatoes and toppings are on offer at this month's community lunch along with the usual amazing homemade desserts. Suggested donation £7. **Book by 30th Oct.**
Thursday 5th November	Abbeywood Estate Café, Chester Road, Delamere, CW8 2HS	10.30-12	An opportunity to catch up over a wonderful breakfast or coffee and cake in this lovely café and admire the Autumn leaves*
Tuesday 10th November	Blakemere Village Restaurant & Coffee Bar, Chester Road, Northwich, CW8 2EB	12.30-2	A Roast and Apple Crumble for just £12 or something from the main menu. No pre-order necessary but please **book by Friday 6th November**
Thursday 12th November	Weetwood Brewery, Common Lane, Kelsall, CW6 0PY	10.30-12	Wonderful coffee and free cakes in the delightful tap room at Weetwood. A great way to start your Christmas shopping *
Tuesday 17th November	Bellis Brothers, Wrexham Rd, Holt, LL13 9YU	10.30-12	A late breakfast or early lunch in the Strawberry Fields restaurant followed by some more Christmas shopping at this wonderful garden centre*
Friday 20th November	Tarporley Chapel, High St, Tarporley, CW6 0AG (Church car park on left of church)	2-4	**Carer Friday support group** with activities in a different room for the person you care for Also, short massages for carers.
Tuesday 24th November	The White Lion, Manley Road, Alvanley, Frodsham, WA6 9DD. Cancellation possible until 10am on the day.	12.30-2	Join us for the ever popular 'Chippy Tuesday' at this lovely village pub. £12 for regular Haddock, Scampi or Haloumi and chips, or something from the main menu such as a baked potato £8-£9 or soup £7. **Pre-orders by Tues 17th November please**
Thursday 26th November	Storyhouse Cinema, Hunter St, Chester, CH1 2AR	11-1.15	A relaxed viewing of recent dark comedy *Wild Horse Nine* starring John Malkovich. (strong language and violence, but also Oscar tipped) Free tickets and come early for free refreshments. **Book by 25th November**
Friday 27th November	**OPAL Christmas Fair & Afternoon Tea** Tarvin Community Centre, Meadow Close, Tarvin, CH3 8LY.	2-4	An afternoon tea with sandwiches, scones and cakes exclusively for OPAL Carer Support group members before our Christmas Fair opens with a chance for a first look at the stalls. £10 in aid of OPAL. Tickets from Debbie in advance.
Tuesday 1st December	Kelsall Methodist Church, Chapel Bank, Kelsall, CW6 0QS (Car park behind)	12-2	Christmas Community lunch – Roast Turkey and all the trimmings. Suggested donation £10. **Please Book by Friday 27th November**
Thursday 3rd December	Dormouse Haven Tea Rooms, Bridge Farm, Warrington Rd, Bartington near Northwich, CW8 4QU	12.30-2.30	A sumptuous Alice in Wonderland-themed mini afternoon tea. £15 plus drinks **Please Book by Thursday 26th November**

*No need to book for outings marked * but it is always helpful to let us know in advance if you are planning to come.