

GoOnline



GoOnline TEAM



March 2026
Issue : 20



Older People Active Lives

Tech Support & Monthly Dates Newsletter for GoOnline Services across rural West Cheshire

Welcome to our monthly newsletter with all the dates for GoOnline sessions and the latest tech news. All of our sessions are drop-in so no need to book, but if you'd like a time slot, please give us a call or pop us an email! Everyone's invited to join any session, in any location, so we look forward to seeing you soon! Fiona & Alison - GoOnline organisers

How to create a safe password

Creating a 3 random word password is the most secure.
Include symbols and numbers.

Avoid easy passwords such as running123 as it could be
hacked in seconds...

Instead, something like pinetablesoup@tesco can take
millions of years to hack!

Keep your 3 random words for every password by just
altering the last word to relate to the website
pinetablesoup@sainsburys

To check if your email or phone has been involved in a data
breach, Visit website: <https://haveibeenpwned.com>



Have your say....

Scan the QR code to share your
thoughts on our service



Take a look at our latest tech talk
workshop in Kelsall. A very productive
morning learning about Google APP's



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March 2026 Sessions



Date	Location	Time	More information
Monday 2 nd March	**NEW VENUE** Kelsall Methodist Church, Chapel Bank, Kelsall, CW6 0QS	10-12	GoOnline drop-in session, enter building to the right of the church Volunteer - John
Tuesday 3 rd March	Frodsham Library, Princeway, Frodsham, WA6 6RX Complimentary cuppa tea/ coffee	10-12	GoOnline drop-in session, main library Volunteers - Mark & Sue
Thursday 5 th March	Sandiway Library, Mere Lane, Sandiway, Cuddington, CW8 2NS Complimentary cuppa tea/ coffee	10-12	GoOnline drop-in session, main library on the far left, Volunteers Jackie & John
Tuesday 10 th March	Tarporley Community Centre, High Street, Tarporley, CW6 0AY Complimentary cuppa tea/ coffee	10-12	GoOnline drop-in session, In the Committee Room, room to the left within the community centre, Volunteers - Jackie & John, Sue & Mark
Tuesday 17 th March	Frodsham Library, Princeway, Frodsham, WA6 6RX Complimentary cuppa tea/ coffee	10-12	GoOnline drop-in session, main library, Volunteers Mark & Sue
Thursday 19 th March	Sandiway Library, Mere Lane, Sandiway, Cuddington, CW8 2NS Complimentary cuppa tea/ coffee	10-12	GoOnline drop-in session, main library on the far left, Volunteers Jackie & John
Tuesday 24 th March	The Lion, I old Hall Street, Malpas, SY14 8NE Complimentary cuppa tea/ coffee	10-12	GoOnline drop-in session, enter the establishment, meet front right hand side of dining room. Volunteers - Mark, Sue & Phil
Friday 27 th March	Helsby Methodist Church, Chester Road, Helsby, WA6 0AP cuppa tea/ coffee / cheese toastie	10-12	In the main room at the back of the main Church, alongside the Friday drop-in cafe. Volunteer - Ross
Tuesday 31 st March	Open Door Cafe @ Norley Methodist Church, Maddocks Hill, Norley, WA6 8JT	10-12	GoOnline drop-in session within the main Church building. Volunteers Mark & Sue





**OPENING
SPRING
2026!**



OPAL CLUB

**NEW FRIENDS, NEW MEMORIES,
JOIN US TODAY!**

We are looking for members and volunteers for our **NEW** weekly activity club for older people. OPAL offers a fun day filled with activities, a hot, homemade lunch and plenty of tea and chat! Come for the company, stay for the fun. Contact us today! £15 per session. Transport available.

WEDNESDAYS 10AM - 2PM

ACTON BRIDGE PARISH ROOMS

For more information contact:
07592 464856
contactus@opalservices.org.uk



www.opalservices.org.uk
Reg. Charity: 1143753



OPAL GoOnline Services

OPAL is a small charity operating in rural West Cheshire.

Some of our services are part funded, whilst others are made possible through external grants and lots of fundraising.

We encourage those who receive, and appreciate our services to make a small donation if they are able.

OPAL does not profit from these donations and all donations will go towards essential costs of our GoOnline service to enable us to keep running in the future!

Thank you !



Cash donations welcome or scan QR code to make a donation online