



Older People Active Lives

Carer Support Newsletter



Older People Active Lives

Issue 42: December 2025

Welcome to the monthly newsletter for unpaid carers in rural West Cheshire from the Carer Support team at OPAL. We organise regular outings to offer a break for you as a carer and the opportunity to meet other carers. Those you care for are also welcome to attend with you if the outing is appropriate and safe for them. We hope you will join us to celebrate this wonderful season at some of our exciting Christmas events and outings. Please take note overleaf of those outings you need to book for and let Debbie know by phone or email. Did you know that we also offer 'Carer Support at Home' where a volunteer can drop by for a regular sociable visit? If appropriate this may allow you as a carer to have some time to yourself. For more information about this possibility please contact Sue.

Hope to see you soon!

Debbie & Sue

To make you smile...

Why are Christmas trees bad at sewing? **They always drop their needles!**



Unpaid Carers over 60 or those caring for someone over 60 in rural West Cheshire are welcome to join us.

Contact

debbie.dekock@opalservices.org.uk
07547 508280 or

sue.downham@opalservices.org.uk
07483316158

OPAL Carer Support Activities December 2025

Tuesday 2 nd December	The Lion at Malpas, 1 Old Hall St, Malpas, SY14 8NE	12-2	Join us for a festive lunch at this gorgeous hotel. Please book by Monday 1st December.
Thursday 4 th December	Kelsall Methodist Church, Chapel Bank, Kelsall, CW6 0QS	12-2	A delicious homemade Community Christmas lunch with priority given to those who have previously attended this year - due to capacity. Suggested donation £10. Fully Booked.
Saturday 6 th December	Storyhouse, Hunter St, Chester, CH1 2AR Please note the show could last 3 hours including interval. If you are parking with a Blue Badge New Market Car Park may be better than Northgate St.	2-5 approx. (arrive from 1.30)	Free tickets for the wonderful Storyhouse Christmas Show 'Beauty and The Beast'. Please book by Friday 28 th November. Collect tickets from Debbie and Sue in the Storyhouse Foyer from 1.30pm on the day
Tuesday 9 th December	Cuddington & Sandiway Village Hall, 93 Norley Road, Cuddington, CW8 2LA	12.30 -3	OPAL Carers Christmas Party with Food for Thought. A wonderful afternoon tea followed by musical entertainment from Tarporley Ukulele Group and Sheila Callaghan. Free of charge but please bring cash for the Raffle. Please book by 3rd December
Thursday 11 th December	Malpas OPAL Club, Craddock Court, Craddock St, Malpas, SY14 8QY (Please drop off in front and park in neighbouring roads, rather than in front of Craddock Court)	10-11.30	Musical entertainment, poems and carol singing served with mince pies and sherry with our friends at Malpas OPAL Club. Limited numbers. Please book by 9th December. Suggested donation £3 or £5 for two.
Wednesday 17 th December	Pryors Hayes Golf Club, Willington Road, Oscroft, CH3 8NL *** Please book and pay online at: https://buytickets.at/opalservices or via Debbie	12-2	Join us for the OPAL Carers Christmas lunch in a delightfully festive setting (1 course £15.95 / 2 courses £21.95 - £5 discount for carers). Choose from Roast Turkey, Belly Pork or a Vegetable & Brie pastry parcel, followed by Christmas Pudding or Vanilla Cheesecake. Booking and payment essential by Weds 3rd December please with menu choices.
Thursday 18 th December	Storyhouse Cinema, Hunter St, Chester, CH1 2AR	11-1.15	A relaxed viewing of recent release Wicked: For Good set in Oz. Free tickets. Come early for complimentary refreshments. Please book by 16th

Credits: National Geographic Kids & Pixabay



On behalf of OPAL Carer Support we wish you
a very Merry Christmas and a Happy New Year!

Please note there will be no meetings during the Christmas period
until week commencing 5th January 2026.