



Older People Active Lives

# REACH

Issue 78



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## OPAL NEWS



Next month we have 2 fundraising events in the Manley area. On Bank Holiday Monday 2<sup>nd</sup> May, OPAL has a stall at Manley Spring Fair, held in the village hall and on Sunday 22<sup>nd</sup> May, OPAL is providing the refreshments at the National Garden Scheme event at Manley Knoll.



**Manley Knoll** opens its gardens as part of the scheme every year. It is an Arts & Crafts garden created early 1900s. At this time of year, there is stunning colour provided by rhododendron and azaleas. There is a £5 admission charge. You can book via the NGS website or pay on the door on the day. The money made on the refreshments sales will benefit OPAL.

## BLAST FROM THE PAST—SPORTS SPECIAL

Spring and Summer 2022 is packed with favourite sports events, all with spectators following 2 years of restrictions, and in July, Birmingham is hosting the Commonwealth Games. Here are some sporting memories you may recall from summers gone by...

- April 1950 – Antony Armstrong-Jones (1st Earl Snowdon) coxed Cambridge to victory in the University Boat Race.
- May 1954 – British athlete Roger Bannister became the first person to run a mile in under 4 minutes at Oxford University's Iffley Road Track.
- March 1956 – The Queen Mother's horse "Devon Loch" mysteriously 'bellyflopped', only yards from the winning post, when leading in the Grand National.
- June 1957 – Scottish racer Bob McIntyre became the first person to lap the Isle of Man TT course at more than 100 mph.
- May 1967 – Celtic became the first British club to win the European (Champions) Cup beating Inter Milan 2-1 in Lisbon.
- April 1977 – The World Snooker Championship moved to the Crucible Theatre, Sheffield where it has remained ever since. John Spencer was the first winner of the Crucible era.
- July 1977 – Virginia Wade won the Ladies Singles title at Wimbledon in the Silver Jubilee year of Queen Elizabeth II. She beat Betty Stove of the Netherlands in the final.
- July 2012 – Bradley Wiggins was the overall winner of the 99th Tour de France cycle race.



## ON THIS DAY IN HISTORY



**On 28<sup>th</sup> April 1985**, the world snooker championship final began between Steve Davies and Dennis Taylor. It is now in the record books as the only final to go on past midnight, and was viewed by 18.5 million people in the United Kingdom, which is a record viewing figure for BBC 2. The total match time of 14 hours and 50 minutes is the longest ever recorded for a best-of-35-frames match. It is the only final at this venue to contain no century breaks.

## RIDDLE TIME

1. Who made King Arthur's round table?
2. What question can you never answer yes to?
3. David's parents have three sons: Snap, Crackle and what's the name of the third son?

## PUZZLE TIME

At a four legged table, there is one grandma, two mothers, two daughters and a granddaughter. How many legs are under the table?

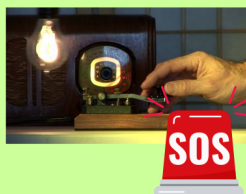
## QUIZ TIME

**Quiz time** – all the answers include the colour of a snooker ball!

1. Which extinct bird of prey was successfully reintroduced in the late 20<sup>th</sup> century?
2. Which band formed in 1968 in Birmingham has the lead singer Ozzy Osbourne?
3. Gorgonzola, Stilton and Roquefort are all types of what?
4. Who does Paddington live with?
5. What type of fracture happens when the bone bends but does not break?
6. What road does Dorothy follow?
7. Who was always late in Alice in Wonderland?
8. He wore "a white sport coat" and what?



## SPOTLIGHT ON MAYDAY – THE INTERNATIONAL DISTRESS SIGNAL



Mayday has nothing to do with May Day the holiday at the beginning of the month of May, but does have an interesting history.

**What is a Mayday call?** \_Mayday is a distress call that is used to signal a life-threatening emergency, usually on a ship or a plane, although it may be used in a variety of other situations. A typical distress call will start with the word "Mayday" being said three times in a row so that it is not mistaken for another similar-sounding word or phrase. This is followed by relaying the information that rescuers would need, including the nature of the emergency, the location or last known location, current weather, type and identity of craft involved, fuel remaining and the number of people in danger.

**How did it originate?** \_The Mayday call originated in the 1923. Frederick Stanley Mockford, a radio officer at Croydon Airport in London, was the first to use this signal to indicate emergency situations. Mockford was asked to think of a word that would indicate distress and would easily be understood by all pilots and ground staff during an emergency. As the majority of flights were to and from Le Bourget Airport in Paris, Mockford proposed the expression "Mayday" derived from the French word "m'aider" that means "help me".

**What was used earlier?** \_SOS, short for "save our souls" sent by Morse code, predates the use of Mayday. In 1927, the International Radiotelegraph Convention adopted Mayday as the radiotelephone distress call in place of SOS. Although the distress signal SOS [S-O-S] continues to be used, it was not suitable for voice communications since the sound of S is easily confused with F or X.

**RIDDLE Answers:** 1. *Sir Cumference* 2. *Are you asleep yet?* 3. *David*

**PUZZLE TIME Answer:** There are 10 legs in total, a grandmother (a mother), her daughter (a mother and daughter), and her granddaughter (a daughter and granddaughter).

**QUIZ TIME Answers –** 1. Red kite 2. Black Sabbath 3. Blue cheeses 4. The Browns 5. A greenstick fracture 6. The yellow brick road 7. The White Rabbit 8. A pink carnation

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**Think about me, not my age**