



Older People Active Lives



Issue 77



Kindly printed by



OPAL NEWS—HAPPY EASTER!



By the time this edition of Reach arrives, over one hundred crème eggs in knitted baskets will have been given out to Club members. The OPAL knitters have been busy making these little baskets and are currently working on Jubilee projects.



Club members have also been busy making and creating. Frodsham Club members have been making “Pick me up” jars – filled with things to make them smile and Helsby Club have been using beautiful spring flowers to make arrangements.

EGGS AND EASTER

Easter has been associated with eating eggs since medieval Europe when it is believed that eating eggs during Lent was not allowed and this led to them being hard boiled for preservation, and then eaten once Lent was over.

From the 18th Century, children decorated eggs to give as presents and it was in the Victorian era that Easter eggs began gaining the popularity they have today. Victorians used cardboard and satin covered eggs to hide small gifts in and gave these to family and friend on Easter Sunday.

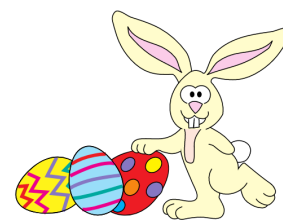
Chocolate Easter Eggs

A quick quiz for you (before you turn over for the usual puzzles) – In what year did a UK company produce the first chocolate Easter Egg? (a) 1873 (b) 1893 (c) 1913

The answer is (a), when J S Fry of Bristol made the first chocolate Easter Egg, although they had been available in Europe before that date. John Cadbury had been experimenting with making chocolate Easter eggs since 1842 but it was not until a method of making liquid chocolate flow into moulds that they were successful in marketing chocolate eggs in 1875.

Egg Rolling

These days, children often take part in Easter egg hunts, but an older tradition is *egg rolling*. Dating back hundreds of years, the tradition of egg rolling has been popular, particularly in some parts of the UK. First hard-boiled eggs are decorated and then rolled down a grassy hill to see whose will go the furthest and survive with the least number of cracks. Preston still holds egg rolling competitions in Avenham and Miller parks every Easter Monday and has documented this event for over 150 years.

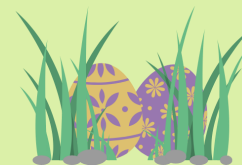


What's On?

If you look in the local press and social media, you will see lots of Easter egg hunts locally but here are 2 slightly different Easter events.

The Chocolate Show – Visit the Catalyst Science Discovery centre, Widnes before 24th April to see their Chocolate Show where you can find out about the science and the history of this favourite Easter treat. See their website for times, dates and admission charges.

Easter Adventure Quest at Beeston Castle – There is a hunt with clues and challenges plus the chance to try egg rolling. See the website for further details www.english-heritage.org.uk/visit/places/beeston



CRYPTIC CHOCOLATE QUIZ

1. Definitely not before 20.00 hours
2. Gentle wave action
3. Cow juice container
4. A star cluster
5. Another star cluster!
6. Al fresco food



EASTER QUIZ

1. The jeweller who made Easter eggs for the Russian Court
2. President Hayes started what annual event at the White House in 1878?
3. What is the Sunday before Easter called?
4. What year did Cadbury's launch their crème egg?
5. Who distributes Maundy Money?
6. Who wrote the song Easter Parade?



SPOTLIGHT ON BEATRIX POTTER AND PETER RABBIT



This year is the 120th birthday of Peter Rabbit. Since first appearing in print in 1902, the story of Peter Rabbit was the first of the Beatrix Potter stories about woodland animals that has entertained generations of children.

Birth – Beatrix Potter was born on 28th July 1866 in Kensington, London. In 1893, she sends a letter to her former governess' son Noel and in it she tells the first story about a mischievous rabbit called Peter.

Childhood – Beatrix loved to draw and study wild animals and she kept several as pets. Her first pet rabbit was called Benjamin Bouncer and he went on to feature in *The Tale of Benjamin Bunny*.

Career – Beatrix was determined to become an author, and both wrote and illustrated her stories. Following many rejections by publishers, *The Tale of Peter Rabbit* was eventually accepted and published by Frederick Warne and Co. She wrote and illustrated 28 books in total, 23 in the *Tales of...* series.

She went on to become a respected farmer and sheep breeder in the Lake District. Her other major passion towards the end of her life was land conservation, with an ambition to preserve the Lake District's unique landscape and its traditional farming methods.

Death - When Beatrix died aged 77 on 22 December 1943, she left 14 farms and more than 4,000 acres to the National Trust.



Cryptic Chocolate Quiz Answers: 1. After Eights 2. Ripple 3. Milk Tray 4. Milky Way 5. Galaxy 6. Picnic
Easter Quiz Answers: 1. Faberge 2. Easter Egg Roll 3. Palm Sunday 4. 1971 5. The Queen 6. Irving Berlin

OPAL thanks the following sources in this edition: Credits – www.peterrabbit.com Frederick Warne and Co Golden Carers
For comments, articles & info contact your Organiser or opalreach@opal-services.org.uk

© 2022 OPAL Services (Rural West Cheshire)

Think about me, not my age