



# REACH

Older People Active Lives

Issue 64



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**BUMPER EDITION** - in this edition of REACH we are also enclosing our latest Activity Pack—filled with fun activities including a reminiscing section about seaside holidays - or 'staycations' as we might call them nowadays - posture exercises, recipes and quiz and colouring options. We do hope you enjoy. Also included is the latest edition of OPAL Matters - this is not only sent to our own OPAL community but also to all our stakeholders, funders and other interested parties to update everyone on our services reopening, new projects, funding and fundraisings and new staff and trustee members.

**SOUP LUNCH FUNDRAISER**

FRIDAY 15<sup>th</sup> OCTOBER  
12.30pm – 2.30pm  
KELSALL COMMUNITY CENTRE

Come along and enjoy a light lunch of soup followed by cake and a hot drink while at the same time supporting OPAL £5 per person + Raffle

For tickets contact:  
Jo on 01928 787899  
Jo [joquilter72@outlook.com](mailto:joquilter72@outlook.com)  
Juliet at [julietcompston@googlemail.com](mailto:julietcompston@googlemail.com)

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**SOUP LUNCH FUNDRAISER** - two of our OPAL volunteers have kindly organised a Soup Lunch fundraiser being held at Kelsall Community Centre on Friday 15th October from 12.30pm until 2.30pm. A light lunch of soup followed by cake and a hot drink will be provided and the cost is £5 per person. All welcome - for tickets please contact Jo on 01928 787899 or email [joquilter72@outlook.com](mailto:joquilter72@outlook.com) or Juliet - [julietcompston@googlemail.com](mailto:julietcompston@googlemail.com)

**Reminiscence – Seaside Holidays**

During the early 20th century, they spread across Britain, becoming a well-loved seaside feature. The story of deckchairs, on an island in July 1912, became established in British seaside resorts, often for use on piers and promenades, in the early 20th century. They were also often used in large public parks such as High Park and for spectators at annual sporting events such as local cricket matches.

**The rise and fall of the Ebbw Vale deckchair**

Deckchairs first appeared at the seaside resort of Ebbw Vale in 1912 and were highly popular with tourists for many years. On one day in August 1917, 45,500 deckchairs were hired out on Ebbw Vale Beach. However, in 2003, only 10,000 deckchairs were hired out in the whole year!

But the quantity of the traditional deckchair (wood and canvas covers) were seen to have fallen sharply in the 1990s. They fell away as a result of the use of 'plastic caps' which they were placed on other than on the pier and in 2014, the last 6000 chairs were sold off. That was until this year, when they were reintroduced.

**Deckchairs in the past**

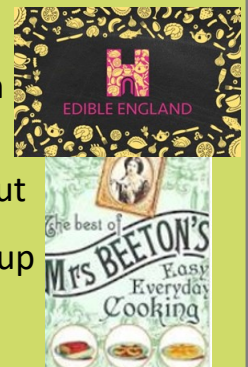
In the last few years, the giant deckchair has been a feature at lots of holiday places from summer events to holiday resorts and this picture shows one on Ebbw Vale beach, providing the resort of deckchairs to the after an absence of several years. There were large numbers of people from Ebbw Vale and other areas ready to see the deckchairs and the effort was well rewarded in the process and can be valuable advertising.

## GARDEN TIPS THIS MONTH IN HISTORY ANIMAL WATCH TECH TALK THIS MONTH IN HISTORY

- 1066 - the Norman conquest of England began.
- 1543 - nine-month-old Mary Stuart was crowned "Queen of Scots" at Stirling.
- 1666 - the Great Fire of London began in a bakery in Pudding Lane, London.
- 1791 - Mozart's opera "The Magic Flute" premiered in Vienna.
- 1893 - New Zealand became the first country to grant all women the right to vote.
- 1928 - Scottish bacteriologist Alexander Fleming discovered penicillin.
- 1978 Pope John Paul I died after only 33 days in office.
- 1986 Bishop Desmond Tutu became Anglican Archbishop of Cape Town.
- 2001 Terrorists attacked the World Trade Centre in New York, the worst terrorist atrocity in US history.

## HISTORY AND HERITAGE

Every September thousands of volunteers across England organise events to celebrate our fantastic history and culture. It's your chance to see hidden places and try out new experiences – all of which are FREE to explore. See their website for details [www.heritageopendays.org.uk/](http://www.heritageopendays.org.uk/) This year, they have added an "Edible England" theme so if you want to find out more about our culinary heritage, there are special events in addition to being able to explore local buildings. Some activities are in person – the Warrington pop-up Museum has a selection of food based ephemera, from old recipe books to mangelwurzel. Chester's event is an online event, where local chef Leo Burtin is sharing his pioneering Eat the Archives project, and will introduce recipes, ingredients, and flavours which have shaped the tastes of Cheshire. He will demonstrate how to craft a natural remedy and a healthy stew drawing on culinary trends of Cheshire's history (OPAL What's Cooking has its eye on this one!). If you prefer to be outside, Congleton Bath House and Physic Garden is open this weekend (along with a virtual tour on their website).



Starting on 18th September is The Great Big Green Week, a national event run by the Climate Coalition. We are seeing the impacts of extreme weather events caused by climate change on the people and places we love both here in the UK and abroad. Check local press and social media for events in your area.



## Fun & Quizzes

Number quiz - Can you match the numbers to the song titles?



- |                                   |       |
|-----------------------------------|-------|
| 1) When I'm _____                 | a. 76 |
| 2) _____ Fine Day                 | b. 8  |
| 3) _____ Ways to Leave Your Lover | c. 16 |
| 4) Happy Birthday Sweet _____     | d. 5  |
| 5) _____ Times a Lady             | e. 64 |
| 6) _____ Trombones                | f. 1  |
| 7) _____ Days a Week              | g. 7  |
| 8) Tea for _____                  | h. 50 |
| 9) Working Nine to _____          | i. 2  |
| 10) _____ Seas of Rye             | j. 3  |



The 20th annual Jane Austen Festival is being held in Bath 10th to 19th September 2021. Can you name the missing vowels from these Jane Austen Novels?

- 1) \_M M \_
- 2) M\_NSF\_\_LD P\_RK
- 3) PR\_D\_ \_ND PR\_J\_D\_C\_
- 4) N\_RTH\_NG\_R \_BB\_Y
- 5) P\_RS\_\_S\_\_N
- 6) S\_NS\_ \_ND S\_NS\_B\_L\_TY

## This Is Your Life...

### JANE AUSTEN

**BIRTH** - Jane Austen was born on December 16th, 1775, to the local rector, Rev. George Austen and Cassandra Leigh. She was the seventh of eight children and had one older sister, Cassandra.

**EDUCATION** - in 1783, Jane and her sister Cassandra were sent to Oxford to be educated by Mrs Ann Cawley. In the autumn both girls were sent home when they caught typhus and Jane nearly died. She was then home-educated until she attended boarding school with her sister from early in 1785 at the Reading Abbey Girls' School, ruled by Mrs La Tournelle, who possessed a cork leg and a passion for theatre. The remainder of her education came from reading, guided by her father and brothers James and Henry.

**WORKS** - Jane experimented with various literary forms, including the epistolary novel which she tried then abandoned, and wrote and extensively revised three major novels and began a fourth. From 1811 until 1816, with the release of *Sense and Sensibility* (1811), *Pride and Prejudice* (1813), *Mansfield Park* (1814) and *Emma* (1815), she achieved success as a published writer. She wrote two additional novels, *Northanger Abbey* and *Persuasion*, both published posthumously in 1818, and began a third but died before completing it.

**DEATH** - In 1816, Jane began to suffer from ill-health, probably due to Addison's disease. She travelled to Winchester to receive treatment, and died there on 18 July 1817. She was 41.

**QUOTE** - *"The person, be it gentleman or lady, who has not pleasure in a good novel, must be intolerably stupid."*— Jane Austen, *Northanger Abbey*



LAST EDITION'S ANSWERS : PICTURE QUIZ - no. 3, WHO AM I? - Felicity Kendal. QUIZ 1) At the bottom of the sea 2) Rules the World 3) A parliament 4) 40 5) Alice 6) B 7) The Statue of Liberty 8) 10.

OPAL thanks the following sources in this edition : goldencarers.com. Blocks photo by Susan Holt Simpson on Unsplash

For comments, articles & info contact your Organiser or [opalreach@opalservices.org.uk](mailto:opalreach@opalservices.org.uk)

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