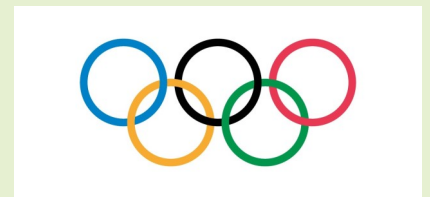




**A CAUTIOUS APPROACH** - as you may well be aware, there are an increasing number of positive COVID-19 cases in Cheshire West and so, unfortunately, this means that at OPAL we will need to take extra precautions in our re opening plans. Our aim is still to reopen our services but these might be in smaller groups or outdoor whilst the weather is so nice. We will be asking our volunteers to take extra precautions, such as lateral flow tests, prior to any sessions and advising everyone to stay home if they develop symptoms. Further information will be sent out as soon as possible.

**LET THE GAMES BEING** - for sports lovers, it has been a busy few weeks and now the Olympic Games are about to start in Tokyo, Japan (23 July to 8 August 2021) so in this week we are including a Reach extra, with Japan and the Olympics as a theme. We do hope you enjoy!



TECH TALK THIS MONTH IN HISTORY ANIMAL WATCH GARDEN TIPS THIS MONTH IN HISTORY TECH

**BLAST FROM THE PAST: THIS MONTH IN HISTORY – JULY**

- 1717 Handel's "Water Music" premieres on the River Thames in London.
- 1865 William Booth & his wife Catherine found the East London Christian Mission (now the Salvation Army).
- 1905 Albert Einstein introduces his theory of special relativity.
- 1916 The First World War Battle of the Somme begins.
- 1928 John Logie Baird demonstrates the first colour television transmission in London.
- 1947 The engagement is announced of Princess Elizabeth to Lieutenant Philip Mountbatten.
- 1981 England cricket captain Ian Botham resigns after no wins in 12 matches under his reign.
- 1985 The Greenpeace ship 'Rainbow Warrior' is sunk in Auckland harbour NZ by French Intelligence agents.
- 2012 Queen Elizabeth formerly opens the 30th Olympic Games in London.

TECH TALK THIS MONTH IN HISTORY ANIMAL WATCH GARDEN TIPS THIS MONTH IN HISTORY TECH

**Local EXPLORER CHALLENGE 2020**  
**Exploring your local heritage: how many can you find?**  
 Share your discoveries with us! Tag @archaeologyuk on social media or email Festival@archaeologyuk.org to show off what you've found. Not sure quite what you're looking for? We've got a guide explaining all these historic features at [festival.archaeologyuk.org/events/local-explorer-bingo-challenge-1601911002](https://festival.archaeologyuk.org/events/local-explorer-bingo-challenge-1601911002)

 <b>GRAFFITI</b>	 <b>Animal as decoration</b>	 <b>Plant or flower as decoration</b>	 <b>Name and location of a manufacturer</b>
 <b>Evidence of repair work or patching</b>	 <b>BUILDING WITH STRUCTURAL TIMBERS</b>	 <b>GHOST SIGN</b>	 <b>WAR MEMORIAL</b>
 <b>UNUSUAL SHAPE OR SIZE OF WINDOW</b>	 <b>Water fountain or drinking fountains</b>	 <b>ACCESSIBILITY ALTERATIONS</b>	 <b>Structure connected to water</b>
 <b>BENCH WITH A MEMORIAL PLAQUE ON IT</b>	 <b>A built-in boot scraper</b>	 <b>Cobbled surface</b>	 <b>1879 HOPPER AT THE TOP OF A DOWNPIPE WITH A DATE ON IT</b>
 <b>Building with a construction date on it</b>	 <b>Horse mounting steps</b>	 <b>BENCHMARK</b>	 <b>DAMAGED BUILDING</b>
 <b>UNUSUAL HOUSE OR BUILDING NAME</b>	 <b>Water trough</b>	 <b>SCAFFOLDING</b>	 <b>Stained Glass</b>

**17th July – 1st August** is the CBA Festival of Archaeology, and this year's theme is Exploring Local Places. Most events are online but if you are visiting Liverpool, the Museum of Liverpool is marking the festival with an archaeological excavation on Piermaster's Green at the Royal Albert Dock to mark the 175th anniversary of its opening in 1846. For those who enjoy walking locally, their website has a bingo sheet of things to look for.

<https://festival.archaeologyuk.org/events/local-explorer-bingo-challenge-1601911002>

Recently, on a Frodsham local stroll, we spotted a sign about a cricket pitch funded by the Don Bradman Fund. According to the Frodsham and District History Society, the pitch is no longer there.



## FUN & QUIZZES

Something a bit different this week – a Sudoku. Although the name is Japanese, the puzzle was invented by a Swiss mathematician in 1783! The aim is to complete each box and each row of 9 with one of each of the numbers from 1 to 9.

(Answers in the Extra)

	8	9			5	1	4	
3			8	1	7			6
7	1		6		4	3	8	
	4	3	9					
9	7						1	4
				8	7	3		
	9	6	4		2		7	1
4			1	5	9			2
	2	1	7			4	9	

## Who Am I?/Where Am I?/What Am I?

Born on 26th July 1945 in Hammersmith, this actress excelled on stage with the National Youth Theatre in 1965. She was then invited to join the Royal Shakespeare Company. She is the only actress to have won the 'Triple Crown of Acting' (Academy, Tony and Emmy awards) and has excelled in theatre, film and tv roles. She lived with the actor Liam Neeson in the 80s....

### Name the year....

- 1) The first Woodstock festival was held, Richard Nixon became president of the USA, the first humans landed on the moon.
- 2) Queen Victoria died, Winston Churchill made his maiden speech in the House of Commons, Pablo Picasso's first exhibition opened.
- 3) The Berlin Wall fell, the Galileo Spacecraft is launched by NASA and George H. W. Bush is sworn in as the 41st President of the United States.

### This is Your Life...

### PAULA RADCLIFFE – LONG DISTANCE RUNNER

#### BIRTH PLACE

Paula Jane Radcliffe was born in Davenham, near Northwich on 19th December 1973.

#### START OF RUNNING CAREER

At the age of 9, whilst Paula was living in Kingsley, her parents took her to Frodsham Harriers where George Bunner, coach said "her obvious love and talent for running showed at an early age." The family then moved to Bedford where her talent for long distance running was developed.

#### RUNNING SUCCESSES

Paula won the London Marathon three times, the New York Marathon three times and held the women's world marathon record for 16 years from 2003 to 2019. She was also European champion over 10,000 metres and in cross country. On the athletics track, Radcliffe won the 10,000 metres silver medal at the 1999 World Championships and was the 2002 Commonwealth champion at 5000 metres.

#### THE OLYMPIC GAMES

Despite an outstanding running record, and representing Great Britain at four Olympic Games, she never won a medal.

#### OTHER ACHIEVEMENTS

She was awarded an MBE in June 2002 and later that year was voted the BBC's Sports Personality of the Year.

#### SURPRISING FACT

Paula's great aunt, Charlotte Radcliffe, was a member of Garston Swimming Club and competed in swimming at the 1920 Olympic Games and won a silver medal.



**LAST EDITION'S ANSWERS :** WHAT AM I? Watering can spout. CAT QUIZ 1) Clowder 2) Queen 3) 7 times their height 4) Cheshire Cat 5) Manx 6) Tiger 7) Al Stewart. NUMBER & LETTER QUIZ 1) 16 ounces in a pound 2) 10 Commandments 3) 9 Planets in the Solar System 4) 7 Sides on a Fifty Pence Piece 5) 13 Loaves in a Bakers Dozen 6) 7 Brides for 7 Brothers.

**OPAL thanks** the following sources in this edition : Wikipedia.com, <https://kids.kiddle.co/> Paula\_Radcliffe, [www.warringtonguardian.co.uk](http://www.warringtonguardian.co.uk)

For comments, articles & info contact your Organiser or [opalreach@opalservices.org.uk](mailto:opalreach@opalservices.org.uk)

*Think about me, not my age*

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