

WELCOME TO OUR OLYMPIC GAMES SPECIAL...

The Tokyo Olympics 2020 start on Friday 23rd July 2021 and go on until Sunday 8th August 2021. The Great Britain team have enjoyed huge success in the last two Olympics winning 29 gold medals in London, 2012 and 27 golds in Rio 2016.

These games are eagerly awaited by athletes taking part, who have had to wait 5 years to compete at the event after the delay due to COVID 19. Let's hope we can smash that number this year...

In Athletics...



Dina Asher-Smith competing in the 100 and 200 metres. Her main competitors are American Gabby Thomas and Jamaican Shelly-Ann Fraser-Pryce.

Katarina Johnson-Thompson in the heptathlon. Originally from

Liverpool, she is recovering from injury, but is still a main contender.

Laura Muir in the 1500m. She has found time to achieve her veterinary degree whilst training.

Holly Bradshaw in pole vault. Born in Preston, she smashed a nine year British record jumping 4.9 meters - taller than a double decker bus.

In Swimming...

Adam Peaty who has already set the 20 fastest times in history for 100m Breaststroke.



In Cycling...

Couple Jason and Laura Kenny.

Laura needs just one medal to make her the most decorated female Olympian, already having 4 gold medals. Jason could be the first to win 7 Olympic golds.



And in other events...

Matt Whitlock in the gymnastics is focusing this time on pommel horse after 2 gold medals in Rio.

Jade Jones in the Taekwondo. Now 28, she is going for a 3rd consecutive title.

Sky Brown, our youngest competitor, is 13 and will be competing on the skateboard park.



JAPANESE QUIZ

- 1) Before Tokyo, which city was the capital of Japan?
- 2) What are the two main religions of Japan?
- 3) What is the National Flower of Japan?
- 4) What is the name of Japan's highest and most famous mountain?
- 5) Finish the sentence: Japan the Land of _____?
- 6) How do you say Goodbye in Japanese?
- 7) Name the Japanese wine made from fermented rice?
- 8) What is the traditional dress of Japan?
- 9) What are warriors in Japan called?
- 10) Name the luxurious car brand from Japan beginning with L?





OLYMPIC TRIVIA

In the first Olympic games, what did the athletes wear? Nothing! They competed nude!

What Olympic event was the only one to feature competitors who were a mother and daughter? Golf! In 1900, US golfer Margaret Abbott took gold while her mother Mary finished seventh.

Interesting fact: In 1936, two Japanese pole vaulters tied for second place. They refused to participate in a tiebreaker instead cutting their medals in half to fuse half silver, half bronze medals.

Interesting fact: The record for the longest name of an Olympic champion belongs to a weightlifter from Thailand. Her name? Prapawadee Jaroenrattanakoon! She won gold in 2008, but her name was too long to fit on the scoreboard, which listed her simply as "j".

What American holds the title for most Olympic medals won during their career? Swimmer Michael Phelps, who won a total of 28 medals.

What sport did Cassius Clay win a gold medal for in 1960, and what did he change his name to a few years later? Boxing, and he changed his name to Muhammad Ali.

Until someone runs faster, who is the fastest person in the world? Jamaica's Usain Bolt

Word Search

JAPANESE WORD SEARCH



H C G M K Y O K D G Z W Z N
 D T O K Y O X Z L C W I U Y
 Z L D O K O N O M I Y A K I
 E O Z T S A M U R A I F L T
 K V I Q K Q Y V G J D R E K
 H Q L H P S H O G U N L B Y
 Q F L H M M C Y R I H E O B
 O I A T X D H K K G A D N E
 S R L Q E K I A J U R A S U
 A A B R S M Y H X A A M A M
 K M Y Y H I P O S J K A I A
 A E T E K U P U T W I M S M
 K N P U N K S U R O R E T I
 U E S S U S H I F A I E B H

Sukiyaki	Shogun	Edamame	Tokyo
Okonomiyaki	Tempura	Godzilla	Osaka
Harakiri	Ramen	Samurai	Sushi
Bonsai	Yen	Umami	Kyoto

JAPAN QUIZ ANSWERS

- | | |
|------------------|--------------|
| 1)Kyoto | 5)The Rising |
| 2)Buddhism | 6)Sun |
| & | 7)Sayonara |
| Shintoism | 8)Sake |
| 3)Cherry Blossom | 9)Kimono |
| 4)Mount Fuji | 10)Samurai |
| | 11)Lexus |

REACH SUDUKO ANSWER

6	8	9	3	2	5	1	4	7
3	5	4	8	1	7	9	2	6
7	1	2	6	9	4	3	8	5
2	4	3	9	7	1	6	5	8
9	7	8	5	6	3	2	1	4
1	6	5	2	4	8	7	3	9
8	9	6	4	3	2	5	7	1
4	3	7	1	5	9	8	6	2
5	2	1	7	8	6	4	9	3

With thanks to goldencarers.com for quiz and wordsearch

SPORTING MEMORIES...

- ◇ Did you enjoy sport at school? Which were you most successful at?
- ◇ Did you ever know a famous sports person? Any local talent?
- ◇ Do you watch much sport on the TV? What is your favourite event?
- ◇ Do you remember when the Olympic torches travelled around the country in 2012 for the London Olympics? The torches visited several of the Opal Clubs and members got to pose for a photo holding one.
- ◇ Do remember when Cliff Richard sang during a rain storm at Wimbledon back in 1996 or when the Duchess of Kent hugged Jana Novotna in 1993?

We always love to hear your memories, please share them with us by letting your phone befriender or organiser know.

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Think about me, not my age

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