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THE MONTH OF MAY has been chosen by many organisations as their "month", including Local History month, National Walking month and National Share a Story month! In fact, there is so much to share, we have added a supplement in this week's Reach for you to enjoy.

LOCAL HISTORY MONTH—Local museums are hoping to open their doors again soon, and during the last year have continued to engage with people through on line forums.



NATIONAL WALKING MONTH—May is traditionally National Walking Month and previously in Cheshire, this has been a good opportunity to find something in the programme to get out and meet people. The West Cheshire Walking Festival took place in 2018 and 2019 and brought together a collection of guided walks, social groups, walking routes, and walking sports in west Cheshire for residents to enjoy.

NATIONAL SHARE A STORY MONTH - is a celebration that takes place every year throughout the month of May. It has proved to be an excellent way to celebrate storytelling and how powerful it can be. A different theme is used for each year and this year's theme is "Myths, Magic and Mayhem".

THIS MONTH IN HISTORY TECH TALK ANIMAL WATCH GARDEN TIPS THIS MONTH IN HISTORY

- 1607 English colonists established the first permanent English settlement in ANIMAL America at Jamestown, Virginia.
 - 1796 Edward Jenner administered the first inoculation against smallpox.
 - 1840 The "Penny Black", the world's first adhesive postage stamp, was issued.
- TALK 1911 RMS Titanic was launched in Belfast.
 - 1926 TUC called the nation's first ever general strike to support striking miners.
 - 1932 Amelia Earhart became the first woman to fly solo across the Atlantic.
- TECH . • 1937 The coronation of George VI took place in Westminster Abbey.
- 1953 Edmund Hillary & Tenzing Norgay became the first climbers to reach the ISTORY summit of Mount Everest.
 - 1954 English athlete Roger Bannister became the first to run a sub-4minute mile.
- Ξ • 1979 Margaret Thatcher became first woman to be elected Prime Minister of UK.
- Ζ • 1994 The Channel Tunnel - linking England and France - officially opened.
- MONTH 1994 Former political prisoner Nelson Mandela was inaugurated as president of South Africa following the first free elections.
- 2018 American actress Meghan Markle married Prince Harry in a ceremony at THIS Windsor Castle.

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OPAL REVIEWS

Over the next few weeks, OPAL Organisers will be making contact with all members and carers to see how you are all doing and chat about our plans for opening up some of our services once COVID rules allow.

Please bear with us if you haven't had an appointment time set up yet - we are very dependent on the weather being okay for a doorstep or garden visit and, as this Bank Holiday Monday proved, it can be unpredictable....

But rest assured we are really looking forward to coming out and visiting everyone as soon

as possible and even more so to arranging small meets up in the coming months.

FUN & QUIZZES

- 1) Can you name the all the counties that border Cheshire?
- 2) What is the largest town in Cheshire?
- 3) True or False? Under Tudor law it is illegal for a Welshman to enter Chester after nightfall?
- 4) True or False? The only working salt mine in Britain is in Winsford?
- 5) Which James Bond was born in Chester in 1968?
- 6) The population of Cheshire is.. 600,000, 800,000 or 1,000,000?
- 7) What year did the tram system finish in Chester? 1920, 1930, 1960?
- 8) True or False? Chester Zoo is the most visited wildlife attraction in the UK?
- 9) What is the county town of Cheshire?

Who Am I?/**Where Am I?/**What Am I?



Can you name this popular walk in Cheshire?

IN THE SPOTLIGHT 📘

GILL FROM FRODSHAM

Where were you born?

I was born in Runcorn, married a Joweyhead and moved to Frodsham 37 years ago.

What's your earliest memory?

My little brother was born when I was almost 3 and I was not impressed!

Where is one of your favourite places to be?

In the garden with sunshine and a good book.

Who makes you laugh?

My grandchildren.

Tell us something we might not already know about you.

I crochet octopuses for premature and stillborn babies and people living with dementia. Did you have a career – if so what did you do?

I trained as a Food Scientist and worked in a Test Bakery till I had children and then worked as a Library Assistant for almost 20 years.

Which OPÁL service do you voluntéer for and what do you like most about it?

As a member of Frodsham History Society, I have given local history talks for both the Frodsham and Helsby OPAL clubs. I've also run origami sessions (photo of members enjoying their results shown on the right) and I've performed with the Townswomen's Guild Choir regularly at the Clubs.

Do you have a favourite quote or poem? The Lady of Shalott.

LAST WEEK'S ANSWERS :NAME THE CELEBRITIES: PERCY THROWER, MONTY DON, ALAN TITCHMARSH. MATCH THE TREES: 1D, 2E, 3C, 4A, 5F, 6B. WORD SQUARE: 9 LETTER - VALENTINE.

For comments, articles & info contact your Organiser or opalreach@opalservices.org.uk

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Think about me, not my age

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