



REACH

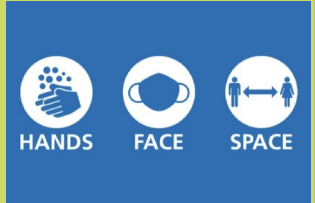
Older People Active Lives



For comments, articles & info contact your Organiser or opalreach@opalservices.org.uk

ALL CHANGE ONCE AGAIN ...

Sadly, the country is entering into lockdown again from 5th November currently until 2nd December. This will require people to stay at home except for specific circumstances, prevent gatherings with people outside your household except for specific purposes, and involve closing certain businesses and venues.



Rest assured though that the OPAL team will continue working in every way we are able to keep in touch. Our weekly newsletter, activity packs, befriending calls and zoom meetings will continue as normal during this time. If you need any more clarification on the lockdown do's and don'ts please visit www.cheshirewestandchester.gov.uk or contact your organiser.

BLAST FROM THE PAST - FIREWORKS

- 10th century AD – Fireworks were invented accidentally by a Chinese cook.
- 14th century AD – Fireworks reached Europe initially being produced by the Italians.
- 1486 – The first recorded use of fireworks in England was at the wedding of King Henry VII and Elizabeth of York.
- 15th century AD – Elizabeth I so loved fireworks that she created the title 'Fire Master of England'.
- 1575 – Guy Fawkes attended St Peter's school in York, the third oldest school in the UK.
- 1605 – The Gunpowder Plot was foiled and Londoners began lighting bonfires in celebration.
- 1959 – Until recently (1959) it was actually illegal not to celebrate Bonfire Night.



SUPPORT FOR THE ROYAL BRITISH LEGION



This is the time of year many people buy a poppy and support the Royal British Legion with their annual campaign, but sadly with lockdown this year many will not be able to buy a poppy in the usual way. If you can access the internet, why not visit their website where you will see ways to continue to support the poppy appeal - www.britishlegion.org.uk

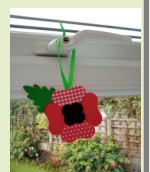
Poppies are used to remember those who have given their lives in battle because they are the flowers which grew on the battlefields after WW1 ended. They are described in the famous World War One poem In Flanders Fields.

In 2014, to mark the centenary of the start of WW1, millions of ceramic poppies formed an iconic display at the Tower of London and between 2015 and 2018, the Wave and the Weeping Window poppy sculptures toured the country; here they are at St George's Hall in Liverpool.

OPAL ACTIVITY PACKS



It is great to hear about all the apples crumbles that were made with the apples sent out in the last activity bag – a big thank you to the volunteers who gave us the apples. And for those of you who received a craft activity pack, we hope you have enjoyed making the poppy and are hanging it in your window.



Riddles & Teasers

Firework Quiz—fill in the missing words ...

- 1) Catherine _____ 4) Mount _____
 2) Roman _____ 5) Penny _____
 3) Jumping _____

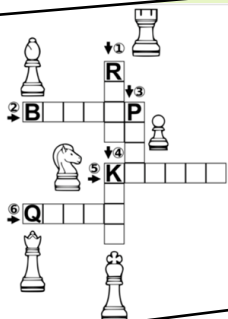
LAST WEEK'S ANSWERS : 1) Mary Shelley, 2) Wilkie Collins, 3) Bram Stoker

What's On?

Sunday 8th November
Remembrance Sunday, BBC1 10.15 a.m.
Remembrance Highlights, BBC2, 7p.m.,
 Radio 4 10.30 a.m.
His Dark Materials, BBC1, 8.10 p.m.



Quizzical



Two different puzzles this week—name the chess pieces and sum up crossword.

64	÷		=	8		÷	2	=	27
÷				÷	÷				÷
	÷		=	2		÷	2	=	
=				=	=				=
32		÷		=	9				9

LAST WEEK'S ANSWERS : Straw, newspaper, stockings, bag, string, cloth, clothes, hat

In the spotlight....

SPOTLIGHT ON JEAN FROM ASHTON HAYES

Where were you born?

In Wimbledon London. My husband and I lived in many areas of the country, but eventually settled up here.

What's your earliest memory?

I can recall we had a large double hooded pram and if it was a wet day the rain got between the gaps and my brother and I could splash each other!

Where is one of your favourite places to be?

You can't beat the countryside around us here, but I did love travelling to Italy with my husband, visiting villages he had been stationed near during his time in the 8th Army during WWII.

Who makes you laugh?

I love our family gatherings, everyone together having a good giggle.

Tell us something we might not already know about you

My childhood ended abruptly with the commencement of WWII and I was called into the Wrens. I worked on the Enigma project at Bletchely Park and other stations in London - operating 'bombs' which were a sort of computer but huge (6 ft tall by 5ft wide)! We didn't know at the time what difference that project would make.

Did you have a career – if so what did you do?

After the war, I had a career in publishing in London.

Which OPAL service do you use or volunteer for and what do you like most about it?

A few years ago, OPAL BreakTime supported my husband Donald and this gave me a little freedom to attend appointments, catch up on some jobs etc.

Do you have a favourite quote or poem?

"Leisure" by W.H.Davies. It begins "What is life if, full of care, we have no time to stand and stare".



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Think about me, not my age

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