



Older People Active Lives

REACH

Issue 14

For comments, articles & info
contact your Organiser or
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WE'LL MEET AGAIN...

Some sad news this week with the announcement that Dame Vera Lynn had passed away at the age of 103. The 'forces sweetheart' during World War 2 she became one of Britain's best loved entertainers. In 1976 Lynn was made a dame and in 2000 she was named as the Briton who best exemplified the spirit of the 20th Century. In a message made on her 103rd birthday, Lynn commented on living with Covid-19 - "We are facing a very challenging time at the moment, and I know many people are worried about the future. I'm greatly encouraged that despite these struggles, we have seen people joining together. Music is so good for the soul, and during these hard times we must all help each other to find moments of joy."



THANKS FOR HELPING US

Thanks to everyone who has taken part in the OPAL Reach survey. We really appreciate your feedback - which will be vital to us planning the future of Reach. If you haven't had the opportunity to participate please contact your Organiser.

BLAST FROM THE PAST 34 YEARS AGO (1986 UN International Year of Peace)

- Irish referendum upholds the ban on divorce.
- World Court rules US aid to Nicaraguan contra guerrillas is illegal.
- Richard Branson beats the transatlantic speed crossing in Virgin Atlantic Challenger II.
- Gary Lineker becomes the most expensive British footballer ever in a £2.75 million move from Everton to Barcelona.

GO WILD IN THE GARDEN

Top 10 Birds 2020

- 1st house sparrow
- 2nd starling
- 3rd blue tit
- 4th woodpigeon
- 5th blackbird
- 6th goldfinch
- 7th great tit
- 8th robin
- 9th long-tailed tit
- 10th magpie

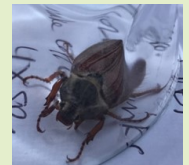
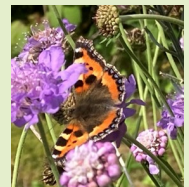
*RSPB survey

Earlier in lockdown, someone commented that because of the reduction in traffic noise, she had heard a cuckoo for the first time since she was a child. Every January, the RSPB run a garden bird survey and they have just announced the top 10 birds spotted in 2020. The sparrow has been in top place for the last 17 years but their numbers have reduced by over 50% since the survey started in 1979. Can you spot all 10 in your garden? Reach can send you a sheet to help identify them, please just ask....

If you want to increase the number of birds in your garden, then feeding them is a good way to start. Also putting up nesting boxes can attract them to the garden in early spring. At the beginning of lockdown a bored, enterprising person started making bird boxes to sell,

but his resident blue tit didn't realise it was the show home and moved in!

Monty Don, the gardener, is passionate about all wildlife in the garden, and recognising the increased interest people have enjoyed during staying at home, has been running a survey concerned with all aspects of wildlife. Please send us photographs or tell us about anything unusual you have enjoyed seeing in your garden.



'SCAM AWARENESS FORTNIGHT' - CHECK OUT THE ENCLOSED LEAFLET

Riddles & Teasers

Name the birds....

1. Child's Toy
2. Royal angler
3. Fast steam train
4. Wizard
5. Chess piece
6. James Bond film

LAST WEEK'S ANSWERS : 1) BOOKKEEPING 2) INCORRECTLY

LAST WEEK'S 'DELIBERATE' ERROR—1) SHOULD HAVE SAID 'What English word has three **DOUBLE** consecutive letters?' (Sorry!)

What's On?



Snoop Dogs, Channel 4, Friday 26th June, 8.30pm

Alan Bennett's Talking Heads series 23rd June through to 2nd July, BBC1 at various times in the evenings, will be repeated on BBC iPlayer.

Quizzical

1. Which bird is the symbol of the RSPB?
2. Which Premier League football team is nicknamed The Magpies?
3. Which county has the Chough on its coat of arms?
4. The wren appeared on which pre decimal coin
5. Which bird became extinct in Britain in the early 20th century and was rediscovered at Loch Garten in 1958?
6. Which is Britain's largest bird of prey?

LAST WEEK'S ANSWERS : 1) SCURVY 2) THE WAR CRY 3) KERMIT 4) SHEEP 5) THE DESERT FOX



In the spotlight....

JACK FROM FRODSHAM OPAL CLUB

Where were you born?

Gateshead in Tyneside. We moved to Frodsham when I was 2. I have been in Frodsham for 92 years.

What's your earliest memory?

I used to live on Volunteer Street and one day a friend of mine pinched my teddy and threw it on top of a passing lorry, I never saw it again.

Where is one of your favourite places to be?

I have enjoyed lovely holidays in York, Scotland and Wales.

Who makes you laugh?

Tommy Cooper

Tell us something we might not already know about you

I served 2 years overseas with the RAF and when I was in Palestine I walked in the footsteps of Jesus, through the garden of Gethsemane. I have been a member of the Zodiac Amateur Dramatic Society in the Chorus and also started the regular Frodsham Community Centre quizzes. At its peak, we wrote 100 questions for 3 quizzes a year. We also won the Cheshire Villages Quiz. Ian my son has twice appeared on 15 to 1. Ian is a keen bird watcher and has written the quiz questions for Reach this week.

Which OPAL service do you use and what do you like most about it?

I am a founding member of Frodsham Opal Club, I really enjoy the companionship, quizzes and musical entertainment provided. We also thoroughly enjoy visits to our home from Jim, a Breaktime volunteer.

Do you have a favourite quote or poem?

Robert Burns 'My love is like a red red rose, newly sprung in June'



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FARRALL'S GROUP

Think about me, not my age

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