

For comments, articles & info contact your Organiser or opalreach@opalservices.org.uk

## FREETIME IN LOCKDOWN...

TV has seen subscribers rise and the use of technology to keep connected has boomed, but

many people have used their free time to do craft projects and devote time to hobbies. When OPAL Reach asked our OPAL community to let us know what you have been doing, we were amazed at the wide range of replies.

We have several talented volunteers and members using their needlework skills to help the NHS. Joyce, a volunteer at the Malpas OPAL Club, has been making scrub bags and hairbands to attach masks to. Sue, a volunteer with Farndon What's Cooking, has swapped her cooking skills to make scrub hats and bags for Glan Clwyd hospital and Pam from OPAL Branching Out, has also been making scrub bags as part of a Mothers' Union initiative for Warrington and Chester hospitals.

Our keen knitters have been busy too, with Joan from Tarporley OPAL Club knitting bonnets for premature babies and Ruby from OPAL Branching Out knitting jumpers to send to Africa. Many people have followed the trend for rainbows in windows and have been crocheting "unity Rainbows", including Pam and Gillian from OPAL

Branching Out, and Suzanne, a volunteer with Frodsham OPAL Club, who has also turned her hand to making facemasks. Please keep sharing your hobbies during lockdown with us.

## BLAST FROM THE PAST-60 YEARS AGO THIS WEEK ...

- Princess Margaret married Antony Armstrong-Jones the first royal wedding to be televised live.
- US President Eisenhower signed the 1960 Civil Rights Act.
- The Everly Brothers were top of the charts with Cathy's Clown.

## OPAL GoOnLine—here to help you keep connected

We know that many of you are trying to master technology whilst "staying at home". GoOnLine has continued to provide support for the OPAL

community during lockdown. It may not be the same as meeting in a café and enjoying the social chat whilst learning new technology skills, but

learning to send an email, skype or do a supermarket order can be a lifeline. If you would like to receive support with anything connected to smart phones, tablets or laptops, please contact Jean Toyn, OPAL GoOnLine Organiser on 07923 425 239.



## TELEVISION SCAMMERS

Trapped inside our homes during lockdown, millions of us are watching more television – creating a new target for cyber scammers. Be wary of emails offering 'free' subscriptions to streaming services such as Amazon and NOW TV as well as emails claiming TV licence payments have not been received. Always double check and remember, if it seems too good to be true—it probably is.









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Riddles & Teasers		What's On?	
3. How do you share 3 33 people?	he more it dries? you never answer 'yes' to? 34 apples equally between ntastic, 300+: Amazing, 754 : Genius!	The Great British Se Wednesdays at 9pm The Girl with the Per 11th-15th May 10.4	n, BBC 1 arl Earring,
Quizzical CRYPTIC TREES - Can you work out which trees these are?			
<ol> <li>Ridden in the sky</li> <li>Remains of a fire</li> <li>A smart tree</li> <li>Sorrowful</li> <li>A hand calendar</li> </ol>	7. 8. 9.	Two seaside trees Not me Mediterranean island Boating tree Keeps you warm	
In the spotlight			
Where were you born? Myself and my twin, George, were born in Weeton, Lancashire in April			
1927. My mum hadn't realised she was having twins and I was born			
second and quite unexpectedly!			
What's your earliest memory? (Record breaking' Twins			
Waving to passing ladies going to work in the local mill.			
Where is one of your favourite places to be? Myself, George and our two older sisters grew up on a dairy farm. My sisters and I made cheese with the left over milk. My happiest memories are of growing up on the farm. Who makes you laugh?			
Mrs Brown's Boys – especially the antics with the duster!			
Tell us something we might not already know about you.			
My granddaughter, Anna, has sent off documentation to the Guinness Book of Records, to			
prove that George and I are the oldest mixed sex twins living in the UK at the moment,			
hopefully the certificate will arrive soon. Oh yes, and I also took my grandson Tom on			
Concorde, from Manchester to London, a really memorable experience!			
Which OPAL services do you use or volunteer for and what do you like about it?			
I have been attending the OPAL club for 10 years now and thoroughly enjoy it, it's my			
favourite day of the week and it gives me a reason to get up. I love the food and chat, and			
there's plenty of both!			
Do you have a favourite quote or poem?			
Always tell the truth because if you tell a lie you usually have to tell another to cover it up.			
Kindly printed by G FARRALL'SGROUP Think about me, not my age			

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